



Welcome to the Barwic Thrive Report!

At Barwic Parade, Thrive underpins everything we do, from lessons to lunchtimes, we put relationships at the heart of our school. The Thrive Approach allows us to support healthy social, emotional, and cognitive development as our children grow into resilient, successful, valued members of society - regardless of what barriers stand in their way.

Throughout the year we will write to you about what is happening in school and how we can support each other.

DID YOU KNOW?

When a child is angry and upset, 93% of your communication is through your body language and tone of voice, with only 7% the words you are saying.

FAMILY

We need your help! We know a lot of your child's emotional development will happen at home. Each report will give you ways to support right time development and identify any interruptions. You know your child best, if something doesn't feel right, come and talk to us.

When little people are overwhelmed by BIG EMOTIONS it is our job to share our CALM and not join their chaos~ L. Knost

IN SCHOOL

We are a Thrive school, which means that every single pupil accesses Thrive sessions in their class, every single week, to ensure that any gaps in their social and emotional development are filled. We have been busy profiling all classes and this week we begin our class action plans. The Thrive approach runs through every lesson, every conversation, every interaction we have. Last term was all about getting to know our new classes. Thrive teaches us that children need to feel **safe** and **special** to have their needs met, and we can't do that without learning what's important to your children.

INFORMATION

We use VRF's (Vital Relational Functions) to support children when they dysregulate.

- **Attune** to the child – demonstrating an understanding of how they are feeling.
- **Validate** their feelings, even if you don't agree with the reason for having them.
- Offer **Containment** by using your adult thinking brain to name their emotions.
- **Soothe** by connecting with the child.
- **Shine a light** on any unwanted behaviour to teach it's not okay, whilst modeling the right behaviour.

Ask your child's teacher to model this for you if you would like support to do this at home.

THE COMMUNITY

We have some brilliant projects in the pipeline to help build strong connections with our community around school. We are aware of some anti-social behaviour in the park and surrounding areas. Help us to help your children and report any concerns to the police on 101 or online at northyorkshire.police.uk

If you have any questions or suggestions, we'd love to hear from you. You can contact Mrs Morris in person, by phoning the school office or emailing jmorris@barwicparade.co.uk.

Let's help every child
thrive 